



## **NURTURING PARENTING PROGRAM**

***Join us for a FREE 22-week  
Support Group for  
parents/caregivers of children 0-  
12 years old.***

***Come and learn ways to nurture  
yourself and others***



***\* An incentive will be provided based upon the  
successful completion of the program.***

***The Nurturing Parenting Program is brought to you  
through a collaboration between:***



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**Thursdays  
5:30pm-7:30pm  
Beginning  
January 24,  
2019**

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**Community Center  
of  
Monterey  
Pines**

**680 South 37th St,  
Richmond, CA  
94804**

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**FREE dinner  
and childcare!**

**To register  
please call  
Brenda:  
(510)232-5812**