



FACT SHEET

WHO WE ARE

MISSION

The mission of the Child Abuse Prevention Council is to promote the safety of children and prevent child abuse and neglect in Contra Costa County by raising awareness, influencing public policy, educating our community and providing resources and support programs to families.

OUR WORK

- **Baby Bags:** resources for new parents on child development and child safety
- **Nurturing Parenting & Special Needs Program:** primary prevention education program targeting all families at risk of abuse and neglect to increase parent's knowledge and skill.
- **Speak Up Be Safe Education Program:** a child safety program that addresses child, abuse, bully, and sexual harassment prevention in school, home, and community.
- **Parent Partners:** mentor parents involved in the child-welfare system to support reunification process
- **Sue Fleischer Special Needs Fund:** provides families with support and access to resources

OUR RESULTS

In the 2015-2016 fiscal year, CAPC managed to:

- **Train 4,065 individuals** in 110 Mandated Reporter Trainings
- Hold **community events** that reached over **9,800 people**
- **Distribute over 20,000** parenting information brochures and directories in English and Spanish and **9,000 baby bags**
- **Serve over 8,000 students** through Speak Up Be Safe
- **Mentor over 200 parents** in child-welfare and reunite with their children

The Child Abuse Prevention Council (CAPC) has a long history of community service and family support for the residents of Contra Costa County. CAPC was established as part of an umbrella organization and later incorporated as an independent, non-profit corporation in 1984.

The Child Abuse Prevention Council (CAPC) identifies, builds, maintains, and coordinates a network of persons and agencies working in child abuse prevention and treatment for the purpose of information sharing, referral, and improvement of services, public education, family support, and advocacy.

As an organization, we use the **Strengthen Families Framework** incorporating the **Five Protective Factors** that serve to protect children & promote their healthy development & well-being, especially during times of stress. Building these strengths at every opportunity is a proven way to strengthen families and prevent child abuse and neglect. Children need love & respect to encourage their optimal health and development.

Five Protective Factors

- **Parental Resilience.** Strength, flexibility & courage during stress to deal with challenges.
- **Knowledge of Parenting & Child Development.** Parenting is part natural & part learned; there's no such thing as a perfect parent.
- **Social Connections.** Parents need friends, family and neighbors that care about them & their children.
- **Concrete Supports in Times of Need.** Everyone needs help sometimes; it's okay to ask for help, which builds resilience.
- **Social & Emotional Competence.** Through positive interactions with caring adults, children learn to communicate, develop & learn to use their thinking skills appropriately.

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